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# GLASGOW CARE FOUNDATION

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**A helping hand, not a hand out**



**T**he Hope Project Scotland, a small charity in Glasgow support families of people suffering from Sickle-cell Disease. Sickle-cell Disease is an inherited red blood cell disorder in which there are not enough healthy red blood cells to carry oxygen throughout your body.

These people live in permanent fear of death. They are classified to be the most vulnerable group and compelled to be confined to home this has worsened the isolation that we were fighting against. They need people to talk to and people to relate with during this difficult period.

We have opened a 24/7 helpline providing information and the facility to chat to people who wish to share their fear and worries. This is partly covered by the donation from Glasgow Care Foundation.

Thank you **(The Hope Project Scotland)**

**We are working directly with the vulnerable, providing food vouchers and funding to top up and help those in need.**

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## Helping Glasgow's most vulnerable

“ Just to say a very big thank you for the Asda voucher. It really did make a difference. My baby has outgrown her clothes. I would normally be able to access help from charity shops and baby banks if things were okay, but they are closed.

I was able to pick up a set of sleep-suits and a couple outfits from Asda which meant I was also able to free up some funds to buy more fruit and veg suitable for my dietary needs.

Thanks so much **(A grateful Mum)**



## Self-employed and not working due to Covid-19.0



“ Thank you so much for the Asda vouchers. They have helped my family so much, I have been having to keep to a very tight budget when it has come to a food shop but it was so helpful and nice to have been given these vouchers as we could actually go and buy what we needed and a little extra treat for the children.

It has meant the world to me because I'm self-employed and not been working due to Covid-19 which means not the same income and when I was told me and my family had been given them I nearly cried with happiness.

Thank you so much **(A grateful Mum)**

## ...the fridge is emptier than ever...

“ I am sending this email to let you know the supermarket vouchers did make a difference, I was able to get a big shop in which should last us a good wee while.

With the kids being off school the fridge is emptier than ever, especially with being stuck in all day their constantly eating.

I would like to say a big thank you for your help. **(A grateful Mum)**



## Getting enough food to feed the whole family can be a real worry.



“ I wanted to say thank you very much to the Glasgow Care Foundation for the support provided in the form of Asda vouchers for a family I am currently working with.

Mum was absolutely delighted to have received them and felt that it provided a comfort in knowing she would be able to get enough food shopping for the family. (2 children at home).

Thanks again. Your work is greatly appreciated. **(Public Health Nurse - School Nurse)**

We appreciate we are all in unprecedented times just now however if your company would like to make a donation however small to support us in our efforts, we would be very grateful.

DONATE at [www.glasgowcarefoundation.org](http://www.glasgowcarefoundation.org) or email [elaine@glasgowcarefoundation.org](mailto:elaine@glasgowcarefoundation.org) for more information.