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# GLASGOW CARE FOUNDATION

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## A helping hand, not a hand out



### Helping with the laundry

**G**lasgow Care Foundation helped a young mother and her partner and their two young children.

The father is unemployed and the couple were struggling to cope both physically and financially. The family live on the 4th floor of high rise building, unable to hang washing outside to dry, wet clothing hanging all over the small flat causing dampness and condensation within the home.

The family are in needed a tumble drier to help ease their stressful situation. We supplied a new one to allow the children to go to school daily with clean clothes.

**We are working directly with the vulnerable, providing food vouchers and funding to top up and help those in need.**

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## Kind Donations

“ We want to say a huge thank you to the **The East Renfrewshire Golf Club** who have very generously donated to The Glasgow Care Foundation this month.

The Glasgow Care Foundation is the nominated Lady Captain’s Charity for the ladies at East Renfrewshire golf club this year. At Christmas we visited one of their events and gave the ladies some background on the work we do.

“The golf season has not got off to a good start with many of our events being cancelled. The first event to be cancelled was our annual Fashion Show where the profits would have been added to our charity fund. Then fell the Ladies Outing to Prestonfield Golf Club and our Open Day (where ladies from other clubs enjoy a competition at our course). As all of these events were well advanced in their organisation with tickets sold and deposits paid, we had to go about refunding the money. The Ladies Committee decided to offer a refund or an option to donate to The Glasgow Care Foundation. I’m delighted to say that many of the ladies were extremely generous and donated their refunds.”



## Where do your donations go?



“ We use the funds we receive to help some of the poorest people in Glasgow. We do this by helping them with some of the practical items that many of us take for granted, for example, food.

We at **Golden Friendships** would like to thank Glasgow care foundation for their very generous donation to help us feed our local community through this very difficult period. We are aiming

to feed any families who are struggling at this time of COVID 19 and till the end of July we hope to deliver over 21,000 lunches. We are providing for children who are used to getting free school lunches, families in isolation and at this time anyone who needs help we will do our best to meet their needs. We thank you and all who donated to your foundation.

## Understanding Glasgow

“Poverty is a complex and dynamic phenomenon that can be defined in many different ways. However, most definitions would mention the contribution of a range of inter-related elements such as low income, unemployment, lack of opportunity, social exclusion and deprivation - both relative and absolute.



Glasgow remains the most deprived city and local authority area in Scotland. Almost half (47%) of Glasgow's residents, 292,000 people, reside in the 20% of most deprived areas in Scotland. In contrast, nearly 27,000 people (4.4% of the population) live in the 10% of least deprived areas in Scotland (based on 2017 population estimates).

Please help us to lift as many Glasgow citizens out of poverty as we can, even a small donation of £10-£20 makes a huge difference.

We appreciate we are all in unprecedented times just now however if your company would like to make a donation however small to support us in our efforts, we would be very grateful.

DONATE at [www.glasgowcarefoundation.org](http://www.glasgowcarefoundation.org) or email [elaine@glasgowcarefoundation.org](mailto:elaine@glasgowcarefoundation.org) for more information.